



# DPP-4 Inhibitors

Their Place in Type 2 Diabetes Treatment

# Objectives

- Case
- DPP-4 inhibitors in ADA guideline
- DPP-4 inhibitors Mechanism of Action
- Sitagliptin Efficacy
- Linagliptin Efficacy
- Conclusion

# Case

- **Background**

- A **64** year woman known case of **type 2 diabetes** since **5** years ago
- Presents with recurrent episodes of **dizziness** and **weakness**
- Has mild NPDR in ophthalmic examination.

- **Medical History**

- Radical mastectomy due to **breast cancer** 7 years ago without any complication.
- The patient is well controlled with regular follow up

- **Social History**

- Lives alone

- **Physical Exam**

- BMI: **24** kg/m<sup>2</sup>
- BP: **140/80** mmHg

Lab Summary		
Glycemia	HbA1c	<b>7.5 %</b>
	FBS	<b>150</b> mg/dl
	2 hpp BS	<b>200</b> mg/dl
Lipid Profile	Total Chol	<b>194</b> mg/dl
	HDL-C	<b>46</b> mg/dl
	LDL-C	<b>120</b> mg/dl
	TG	<b>140</b> mg/dl
Renal Function	UACR	<b>78</b> mg/gr
	eGFR	<b>63</b> ml/min/1.73m <sup>2</sup>
	Cr	<b>1</b> mg/dl

Current Medications	<b>Metfomin 1000 mg/daily</b>	<b>ASA 80 mg/daily</b>
	<b>Glibenclamide 5 mg/BD</b>	
	<b>Atorvastatin 10 mg/daily</b>	

# Case



## What Is the Most Appropriate Treatment for Glycemic Control?

- A. Maximize metformin therapy plus glibenclamide dose reduction
- B. Maximize metformin therapy and switch to sitagliptin 100 mg once daily
- C. Maximize metformin therapy and switch to gliclazide MR from glibenclamide
- D. Maximize metformin therapy plus pioglitazone
- E. Others

### Patient History

- 64 Y/O female, **T2DM**, **breast cancer**
- HbA1c: **7.5 %**
- FBS: **150 mg/dl**
- 2hpp BS: **200 mg/dl**
- Total Chol: **194 mg/dl**    TG: **140 mg/dl**
- HDL-C: **46 mg/dl**    LDL: **120 mg/dl**
- eGFR: **63 ml/min/1.73 m<sup>2</sup>**
- UACR: **78 mg/g**    Cr: **1 mg/dl**
- Medications: **Metformin 1000 mg/daily;**  
**Glibenclamide 5mg/BID; Atorvastatin 10 mg/daily; ASA 80 mg/daily**
- BMI: **24 kg/m<sup>2</sup>**
- BP: **140/80 mmHg**

**FIRST-LINE Therapy is Metformin and Comprehensive Lifestyle (including weight management and physical activity)**



**INDICATORS OF HIGH-RISK OR ESTABLISHED ASCVD, CKD, OR HF†**

**CONSIDER INDEPENDENTLY OF BASELINE A1C, INDIVIDUALIZED A1C TARGET, OR METFORMIN USE\***

**+ASCVD/Indicators of High Risk**

- Established ASCVD
- Indicators of high ASCVD risk (age ≥55 years with coronary, carotid, or lower-extremity artery stenosis >50%, or LVH)

ETHER/ OR

- GLP-1 RA with proven CVD benefit<sup>1</sup>
- SGLT2i with proven CVD benefit<sup>1</sup>

If A1C above target

If further intensification is required or patient is unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV benefit and/or safety:

- For patients on a GLP-1 RA, consider adding SGLT2i with proven CVD benefit and vice versa<sup>1</sup>
- TZD<sup>2</sup>
- DPP-4i if not on GLP-1 RA
- Basal insulin<sup>3</sup>
- SU<sup>4</sup>

**+HF**

Particularly HFrEF (LVEF <45%)

SGLT2i with proven benefit in this population<sup>5,6,7</sup>

**+CKD**

DKD and Albuminuria<sup>9</sup>

NO

**PREFERABLY**

SGLT2i with primary evidence of reducing CKD progression

OR

SGLT2i with evidence of reducing CKD progression in CVOTs<sup>5,6,8</sup>

OR

GLP-1 RA with proven CVD benefit<sup>1</sup> if SGLT2i not tolerated or contraindicated

For patients with T2D and CKD<sup>9</sup> (e.g., eGFR <60 mL/min/1.73 m<sup>2</sup>) and thus at increased risk of cardiovascular events

ETHER/ OR

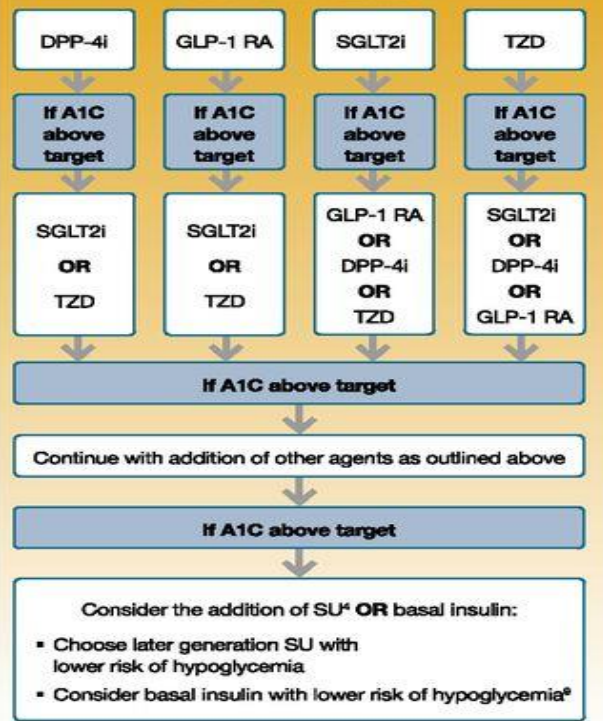
- GLP-1 RA with proven CVD benefit<sup>1</sup>
- SGLT2i with proven CVD benefit<sup>1,7</sup>

- Proven CVD benefit means it has label indication of reducing CVD events
- Low dose may be better tolerated though less well studied for CVD effects
- Degludec or U-100 glargine have demonstrated CVD safety
- Choose later generation SU to lower risk of hypoglycemia; glimepiride has shown similar CV safety to DPP-4i
- Be aware that SGLT2i labelling varies by region and individual agent with regard to indicated level of eGFR for initiation and continued use
- Empagliflozin, canagliflozin, and dapagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs. Canagliflozin and dapagliflozin have primary renal outcome data. Dapagliflozin and empagliflozin have primary heart failure outcome data.

NO

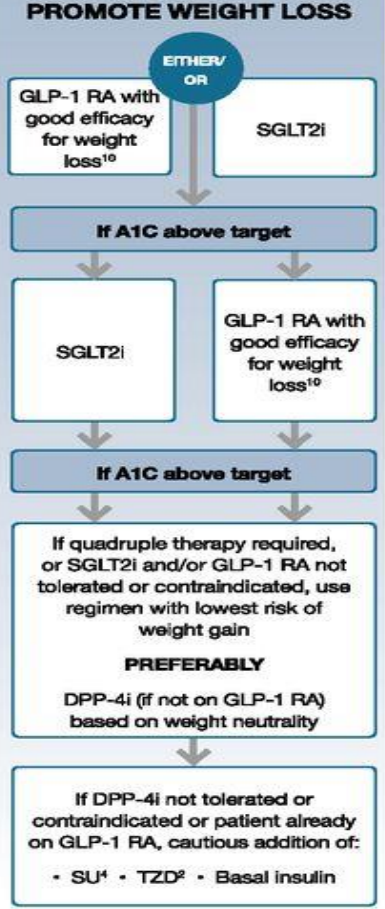
**IF A1C ABOVE INDIVIDUALIZED TARGET PROCEED AS BELOW**

**COMPELLING NEED TO MINIMIZE HYPOGLYCEMIA**



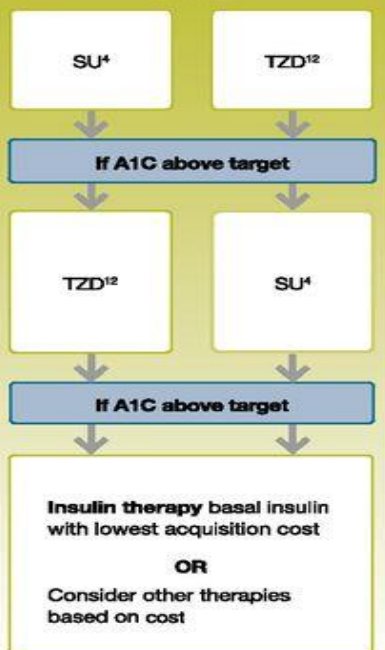
- Proven benefit means it has label indication of reducing heart failure in this population
- Refer to Section 11: Microvascular Complications and Foot Care
- Degludec / glargine U-300 < glargine U-100 / detemir < NPH Insulin
- Semaglutide > liraglutide > dulaglutide > exenatide > lixisenatide
- If no specific comorbidities (i.e., no established CVD, low risk of hypoglycemia, and lower priority to avoid weight gain or no weight-related comorbidities)
- Consider country- and region-specific cost of drugs. In some countries TZDs are relatively more expensive and DPP-4i are relatively cheaper.

**COMPELLING NEED TO MINIMIZE WEIGHT GAIN OR PROMOTE WEIGHT LOSS**



† Actioned whenever these become new clinical considerations regardless of background glucose-lowering medications.  
\* Most patients enrolled in the relevant trials were on metformin at baseline as glucose-lowering therapy.

**COST IS A MAJOR ISSUE<sup>11,12</sup>**

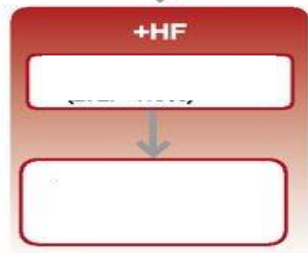


**FIRST-LINE Therapy is Metformin and Comprehensive Lifestyle (including weight management and physical activity)**



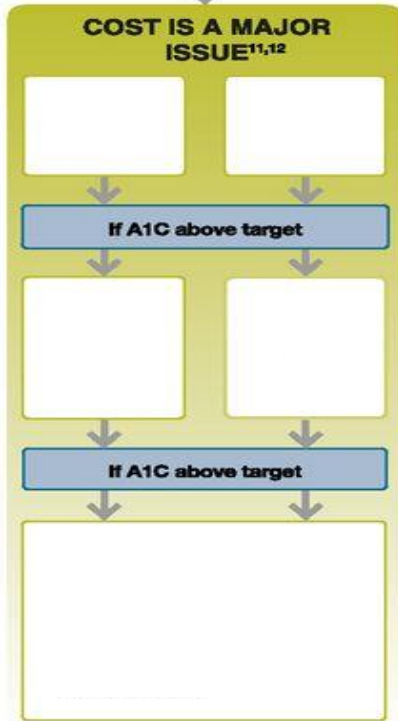
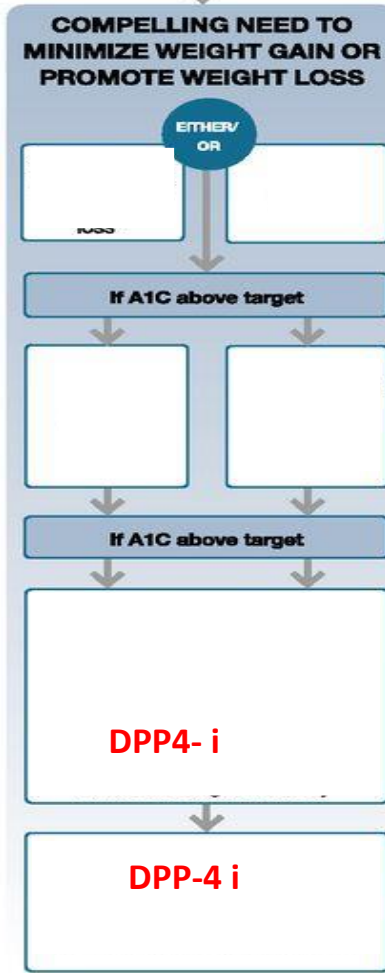
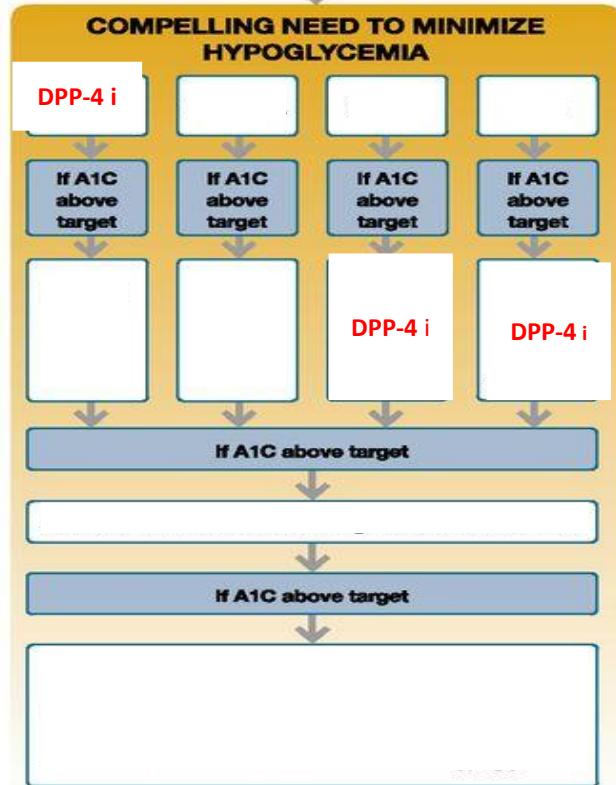
**INDICATORS OF HIGH-RISK OR ESTABLISHED ASCVD, CKD, OR HF†**

**CONSIDER INDEPENDENTLY OF BASELINE A1C, INDIVIDUALIZED A1C TARGET, OR METFORMIN USE\***



**NO**

**IF A1C ABOVE INDIVIDUALIZED TARGET PROCEED AS BELOW**



1. Proven CVD benefit means it has label indication of reducing CVD events
2. Low dose may be better tolerated though less well studied for CVD effects
3. Degludec or U-100 glargine have demonstrated CVD safety
4. Choose later generation SU to lower risk of hypoglycemia; glimepiride has shown similar CV safety to DPP-4i
5. Be aware that SGLT2i labelling varies by region and individual agent with regard to indicated level of eGFR for initiation and continued use
6. Empagliflozin, canagliflozin, and dapagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs. Canagliflozin and dapagliflozin have primary renal outcome data. Dapagliflozin and empagliflozin have primary heart failure outcome data.

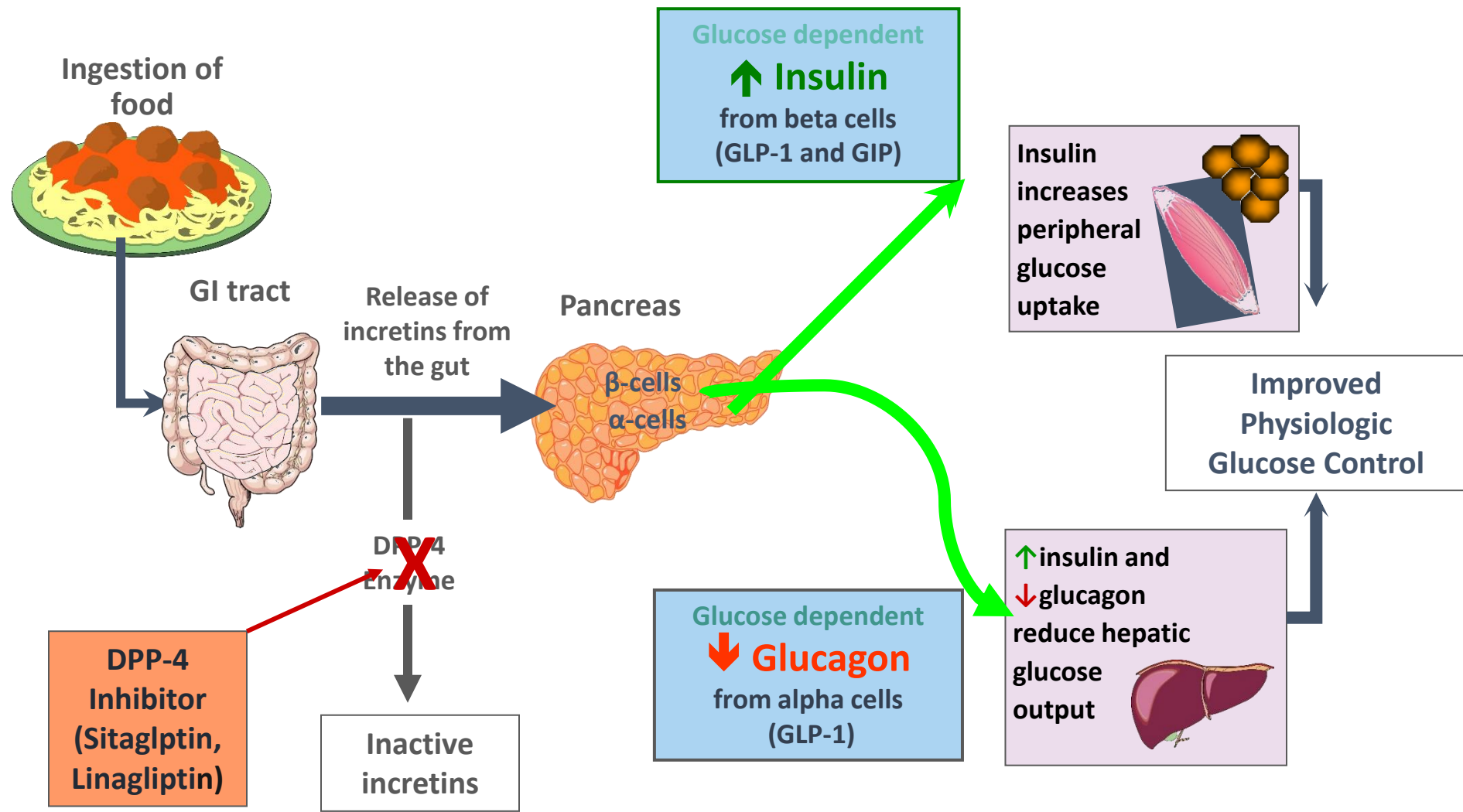
7. Proven benefit means it has label indication of reducing heart failure in this population
8. Refer to Section 11: Microvascular Complications and Foot Care
9. Degludec / glargine U-300 < glargine U-100 / detemir < NPH Insulin
10. Semaglutide > liraglutide > dulaglutide > exenatide > lixisenatide
11. If no specific comorbidities (i.e., no established CVD, low risk of hypoglycemia, and lower priority to avoid weight gain or no weight-related comorbidities)
12. Consider country- and region-specific cost of drugs. In some countries TZDs are relatively more expensive and DPP-4i are relatively cheaper.

† Actioned whenever these become new clinical considerations regardless of background glucose-lowering medications.  
\* Most patients enrolled in the relevant trials were on metformin at baseline as glucose-lowering therapy.



- **DPP-4 inhibitors Mechanism of Action**

# DPP-4 Inhibitors Improve Glucose Control by Increasing Incretin Levels in Type 2 Diabetes<sup>1-4</sup>

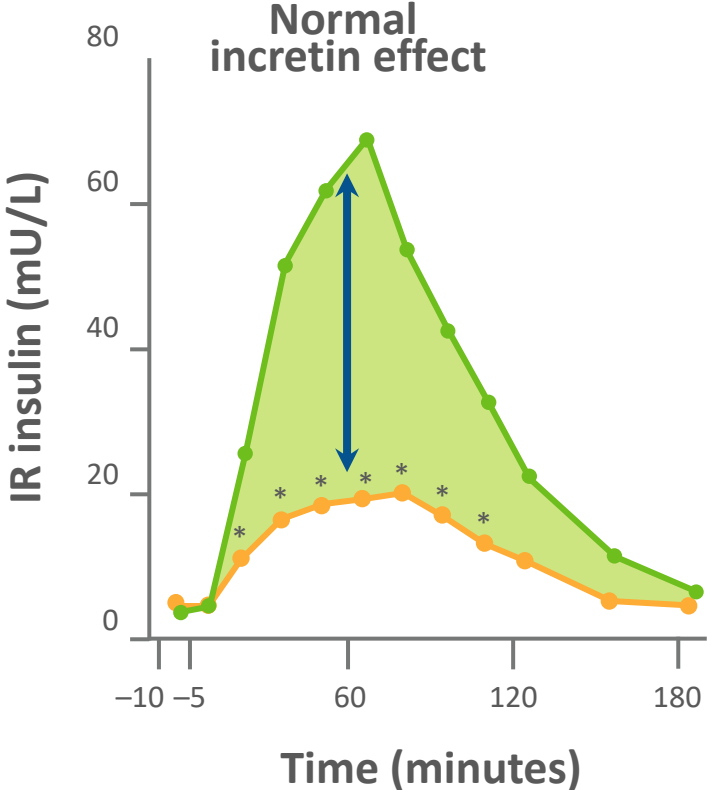


DPP-4 = dipeptidyl peptidase 4

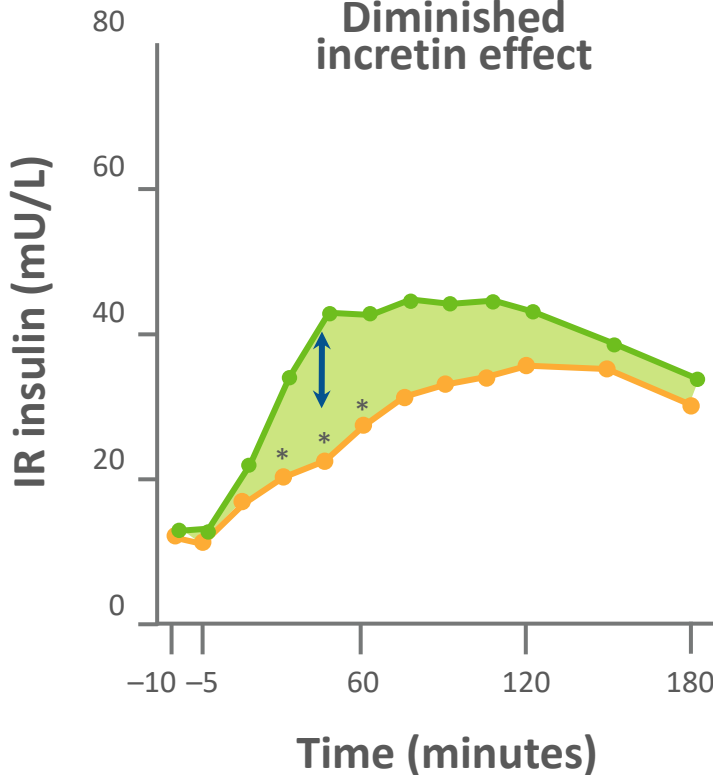
1-Endocrinology. 2004 ;145(6):2653-9. 2- Lancet. 2002 ;359(9309):824-30; 3-Curr Diab Rep. 2003;3(5):365-72; 4-Buse JB et al. In *Williams Textbook of Endocrinology*. 10th ed., 2003:1427–1483.

# The Effect of Incretins in Type 2 Diabetes and Non-Diabetes<sup>1</sup>

Healthy controls



Type 2 diabetes



● Oral glucose load

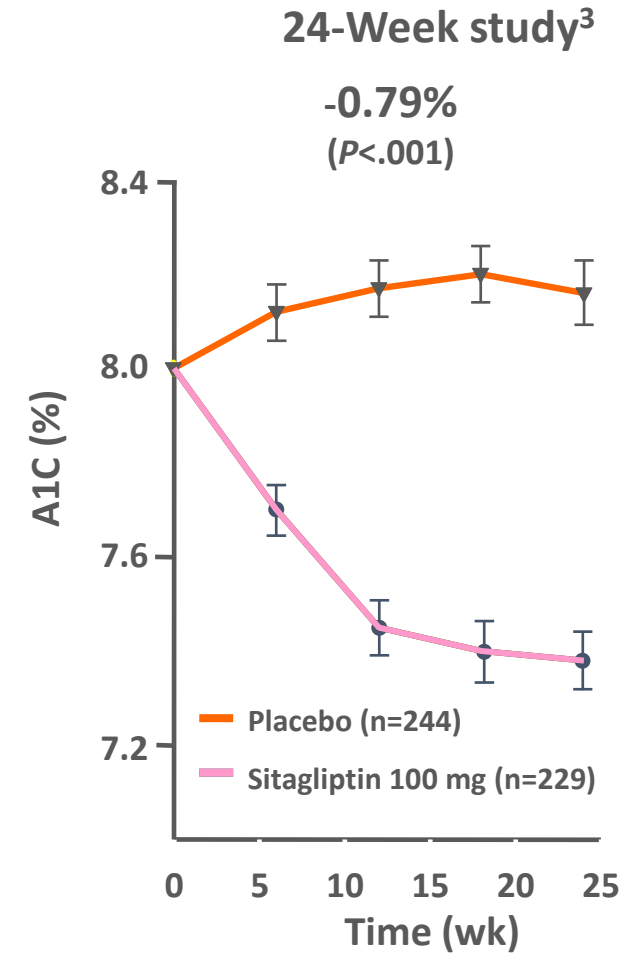
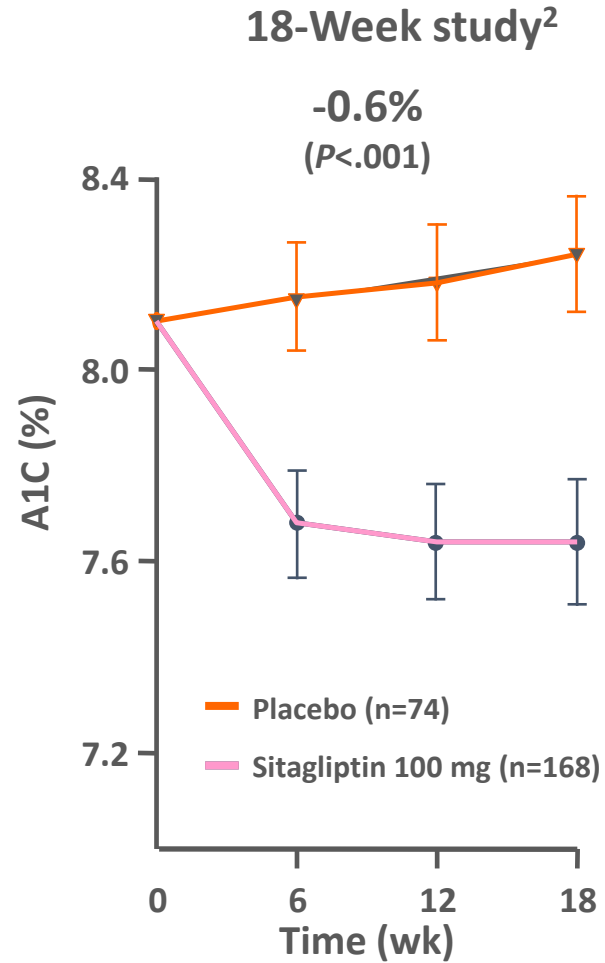
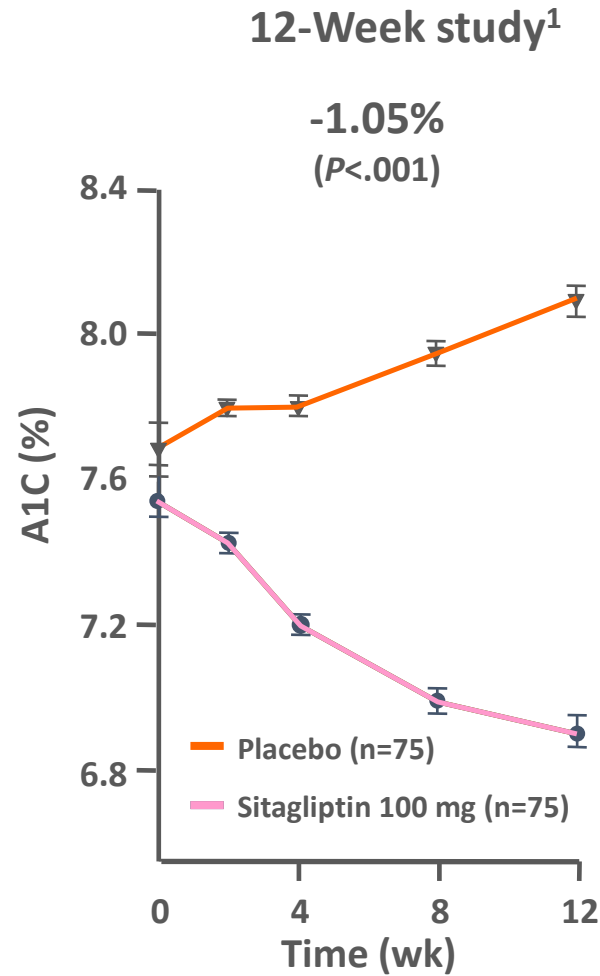
● Intravenous (IV) glucose infusion

1-Diabetologia. 1986 ;29(1):46-52.  
IR: Immunoreactive



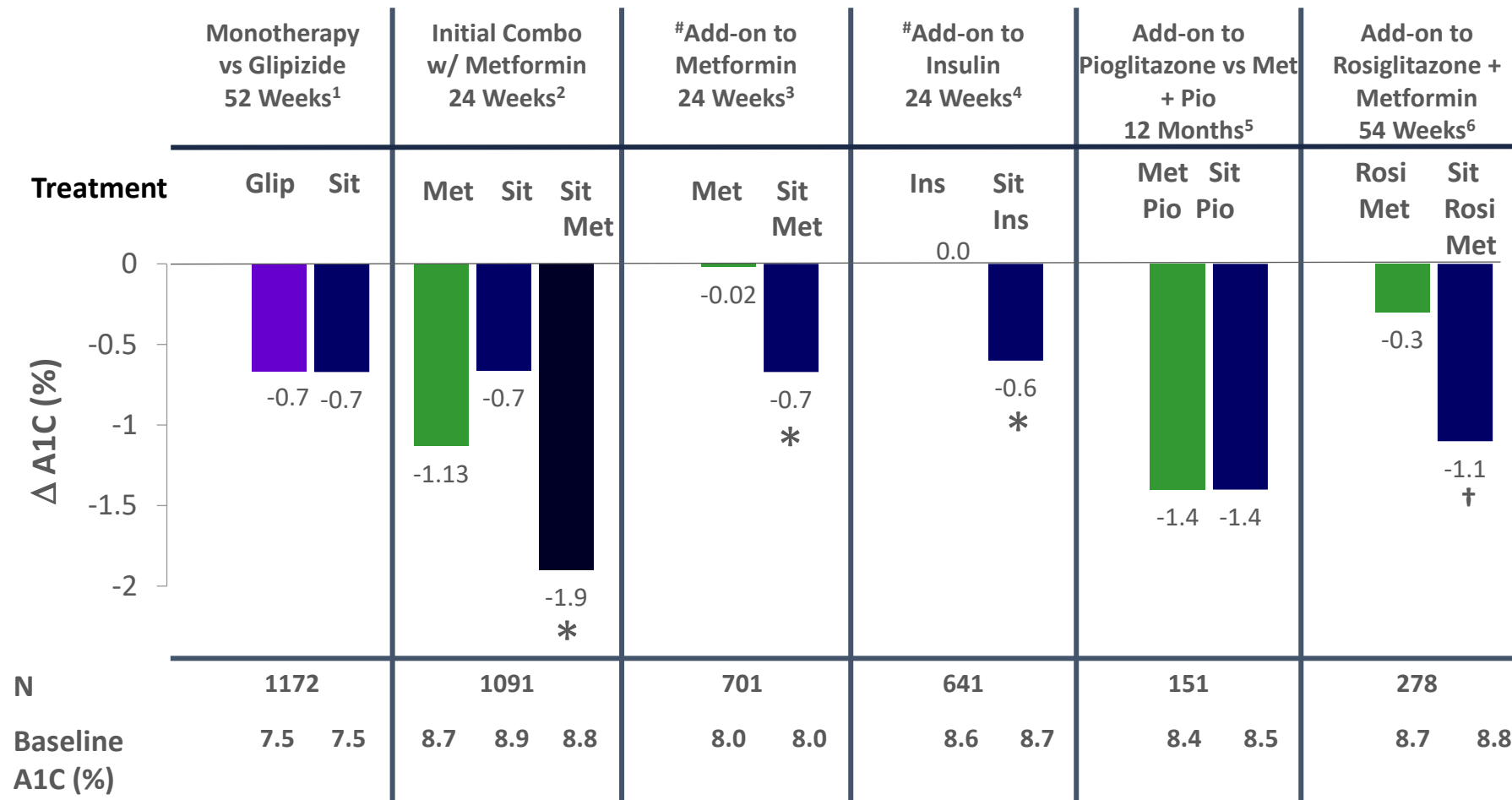
- **Sitagliptin Efficacy**

# Sitagliptin Consistently and Significantly Lowers A1C With Once-Daily Dosing in Monotherapy



1. Diabetes Care. 2006;29(12):2632-7. 2- Diabetes Res Clin Pract. 2008 ;79(2):291-8 . 3. Diabetologia. 2006 ;49(11):2564-71.

# Glucose Control With Sitagliptin in Different Studies



\* $P < 0.001$  vs active comparator monotherapy. † $P < 0.001$  vs active comparator dual therapy. # Compare to placebo. Met: Metformin; Sit= Sitagliptin; Glip=Glipizide; Ins=Insulin; Pio=Pioglitazone, Rosi=Rosiglitazone.

1. Diabetes Obes Metab. 2007 ;9(2):194-205; 2. Diabetes Care. 2007 ;30(8):1979-87. 3. Diabetes Care. 2006;29(12):2638-43.;4. Diabetes Obes Metab. 2010;12(2):167-77. 5. Metabolism. 2010 ;59(6):887-95.; 6. J Diabetes. 2013r;5(1):68-79

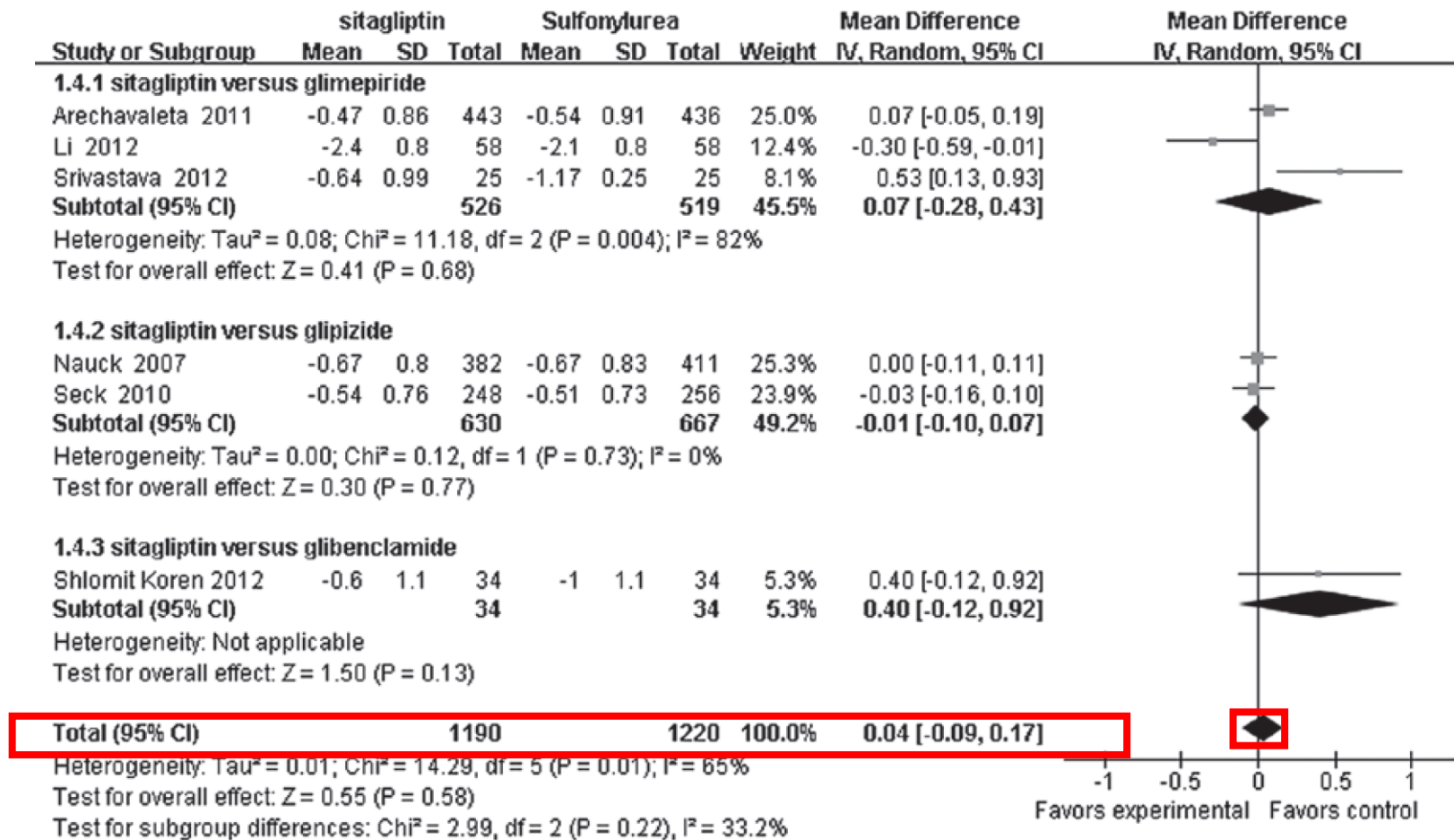
**Efficacy and safety of sitagliptin compared with sulfonylurea therapy in patients with type 2 diabetes showing inadequately controlled glycosylated hemoglobin with metformin monotherapy: A meta-analysis**

LIQIONG HOU, TIEYUN ZHAO, YUNHUI LIU and YIYI ZHANG

Department of Endocrinology and Metabolism, West China Hospital of Sichuan University,  
Chengdu, Sichuan 610000, P.R. China

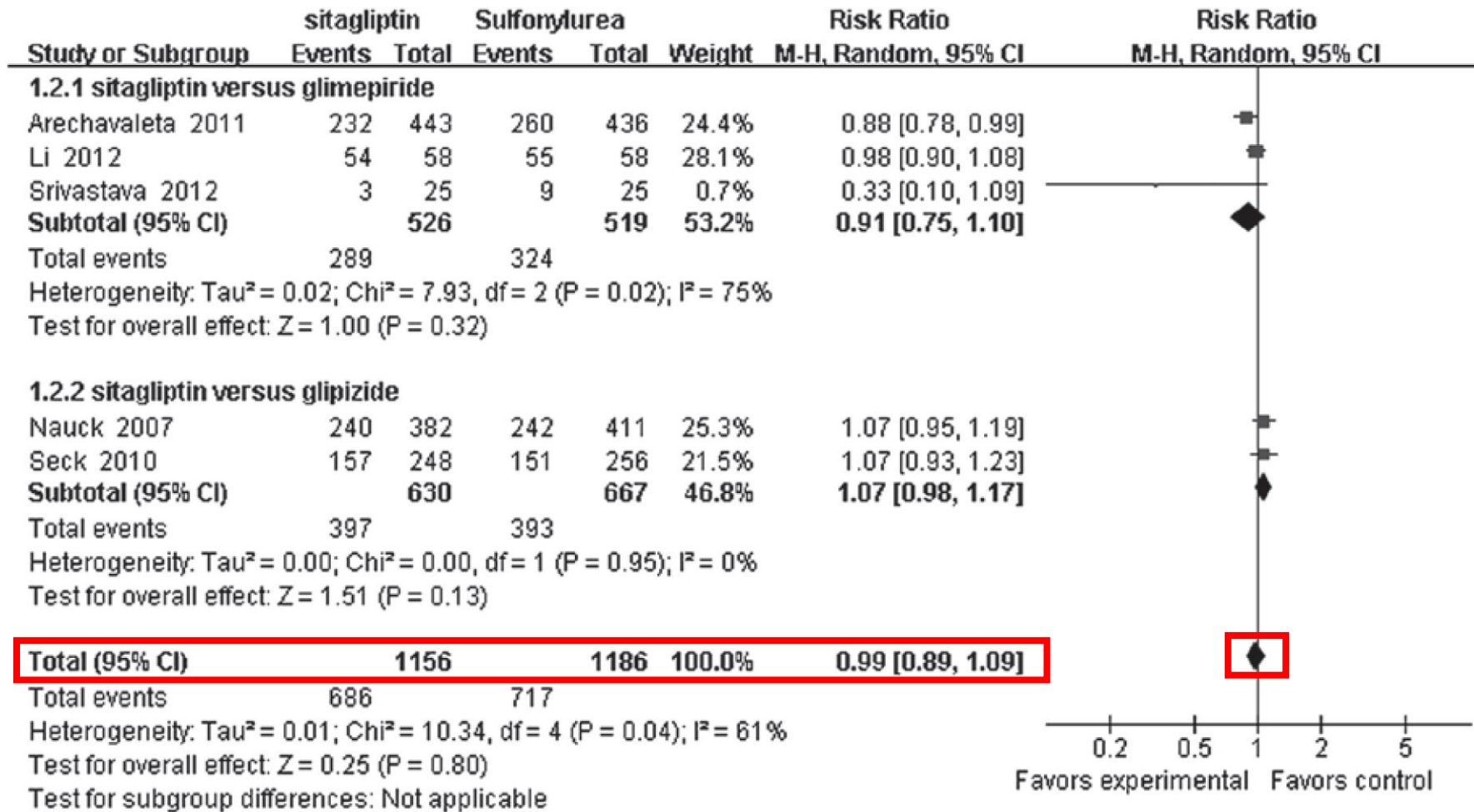
Received June 18, 2014; Accepted January 26, 2015

# HbA1c Changes Were not Significant Between Sitagliptin and Sulfonylurea Groups<sup>1</sup>



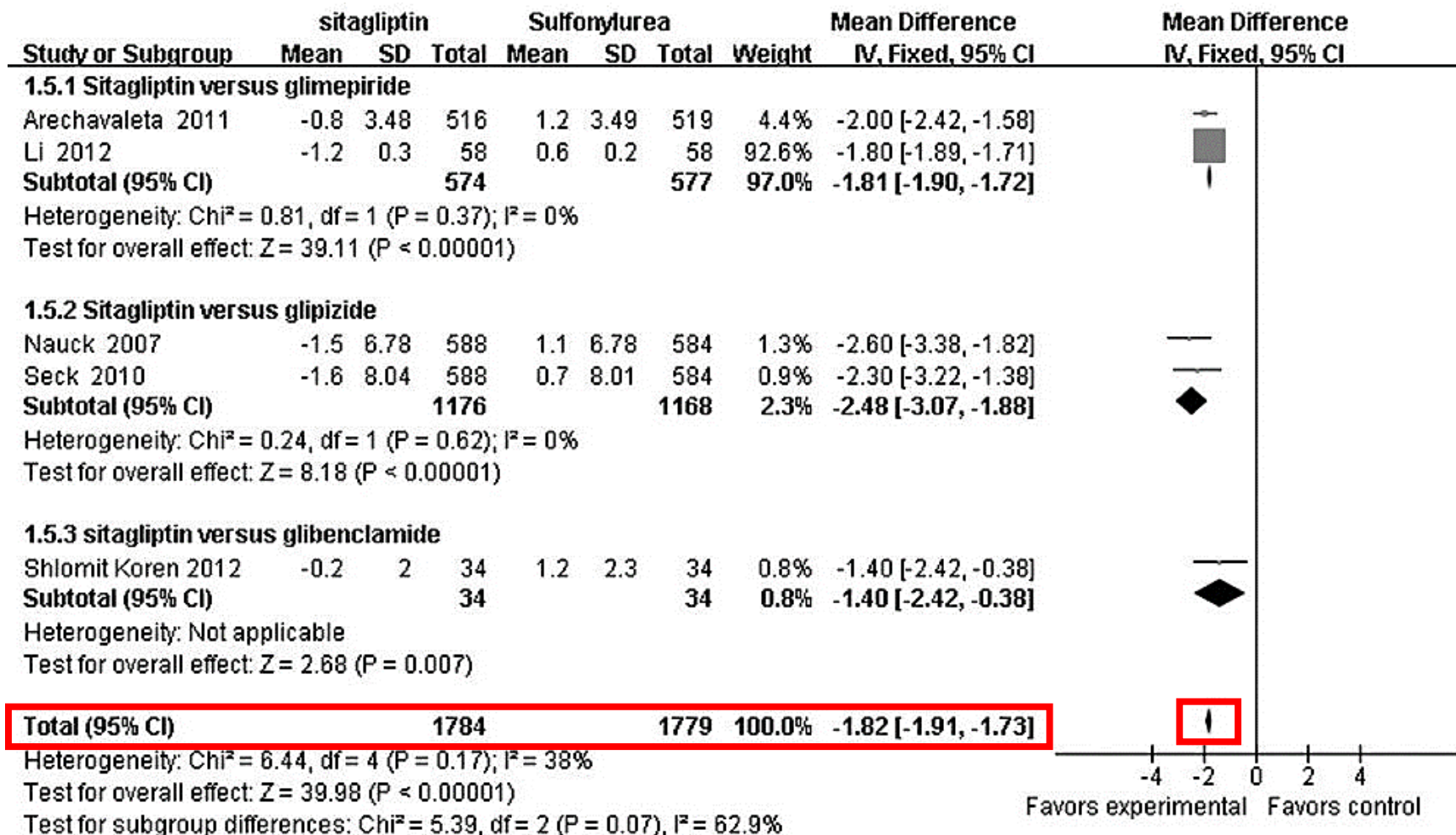
SD, standard deviation; CI, confidence interval; df, degrees of freedom.  
1-Exp Ther Med. 2015; 9(4): 1528–1536.

# Target HbA1c <7% Achievement Were not Significant Between Sitagliptin and Sulfonylurea Groups



M-H, Mantel-Haenszel; CI, confidence interval  
1-Exp Ther Med. 2015; 9(4): 1528–1536.

# Sitagliptin Groups Did not Experience Weight Gain Compared to Sulfonylurea Groups<sup>1</sup>



SD, standard deviation; CI, confidence interval  
1-Exp Ther Med. 2015; 9(4): 1528–1536.

# Lower Occurrence of Hypoglycemic Events in Sitagliptin Groups Compared to Sulfonylurea Groups<sup>1</sup>

## 1.1.1 Sitagliptin versus glimepiride

Arechavaleta 2011	36	516	114	518	30.2%	0.32 [0.22, 0.45]
Li 2012	1	58	4	58	3.4%	0.25 [0.03, 2.17]
Srivastava 2012	1	25	2	25	2.9%	0.50 [0.05, 5.17]
<b>Subtotal (95% CI)</b>		<b>599</b>		<b>601</b>	<b>36.5%</b>	<b>0.32 [0.23, 0.45]</b>

Total events 38 120  
 Heterogeneity: Tau<sup>2</sup> = 0.00; Chi<sup>2</sup> = 0.19, df = 2 (P = 0.91); I<sup>2</sup> = 0%  
 Test for overall effect: Z = 6.49 (P < 0.00001)

## 1.1.2 Sitagliptin versus glipizide

Nauck 2007	29	588	187	584	29.5%	0.15 [0.11, 0.22]
Seck 2010	31	588	199	584	30.0%	0.15 [0.11, 0.22]
<b>Subtotal (95% CI)</b>		<b>1176</b>		<b>1168</b>	<b>59.5%</b>	<b>0.15 [0.12, 0.20]</b>

Total events 60 386  
 Heterogeneity: Tau<sup>2</sup> = 0.00; Chi<sup>2</sup> = 0.00, df = 1 (P = 0.99); I<sup>2</sup> = 0%  
 Test for overall effect: Z = 14.10 (P < 0.00001)

## 1.1.3 sitagliptin versus glibenclamide

Shlomit Koren 2012	1	34	14	34	4.0%	0.07 [0.01, 0.51]
<b>Subtotal (95% CI)</b>		<b>34</b>		<b>34</b>	<b>4.0%</b>	<b>0.07 [0.01, 0.51]</b>

Total events 1 14  
 Heterogeneity: Not applicable  
 Test for overall effect: Z = 2.62 (P = 0.009)

<b>Total (95% CI)</b>	<b>1809</b>	<b>1803</b>	<b>100.0%</b>	<b>0.20 [0.13, 0.30]</b>
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Total events 99 520  
 Heterogeneity: Tau<sup>2</sup> = 0.12; Chi<sup>2</sup> = 12.15, df = 5 (P = 0.03); I<sup>2</sup> = 59%  
 Test for overall effect: Z = 7.69 (P < 0.00001)



M-H, Mantel-Haenszel; CI, confidence interval  
 1-Exp Ther Med. 2015; 9(4): 1528–1536.

ORIGINAL ARTICLE

## Effect of Sitagliptin on Cardiovascular Outcomes in Type 2 Diabetes

Jennifer B. Green, M.D., M. Angelyn Bethel, M.D., Paul W. Armstrong, M.D., John B. Buse, M.D., Ph.D., Samuel S. Engel, M.D., Jyotsna Garg, M.S., Robert Josse, M.B., B.S., Keith D. Kaufman, M.D., Joerg Koglin, M.D., Scott Korn, M.D., John M. Lachin, Sc.D., Darren K. McGuire, M.D., M.H.Sc., Michael J. Pencina, Ph.D., Eberhard Standl, M.D., Ph.D., Peter P. Stein, M.D., Shailaja Suryawanshi, Ph.D., Frans Van de Werf, M.D., Ph.D., Eric D. Peterson, M.D., M.P.H., and Rury R. Holman, M.B., Ch.B.,  
for the TECOS Study Group\*

**Aim<sup>1</sup>:** the long-term effect on cardiovascular events of adding sitagliptin, a dipeptidyl peptidase 4 inhibitor, to usual care in patients with type 2 diabetes and cardiovascular disease.

# Sitagliptin Cardiovascular Outcomes Study (TECOS) Study Design<sup>1</sup>

## Main inclusion criteria

1. Patients aged  $\geq 50$  years with T2D
2. HbA<sub>1c</sub> 6.5–8.0% receiving stable oral glucose-lowering therapy and/or insulin\*
3. Pre-existing vascular disease

+ Usual care for T2D

Sitagliptin 100 mg daily\*

vs

Placebo

N = 14,671; median follow-up 3.0 years

## Primary endpoint: time to first occurrence of:

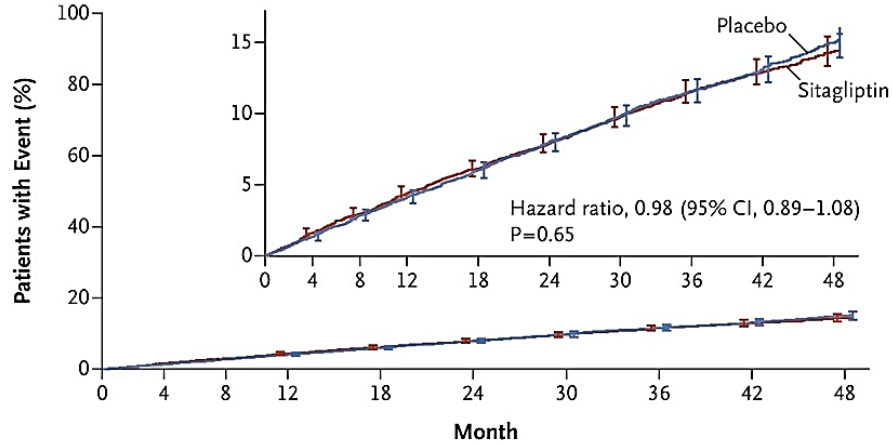
- CV-related death
- Unstable angina requiring hospitalisation
- Non-fatal stroke
- Non-fatal MI

\*50 mg daily if the baseline eGFR was  $\geq 30$  and  $< 50$  mL per minute per 1.73 m<sup>2</sup>.

1-N Engl J Med. 2015.16;373(3):232-42

# Results<sup>1</sup>

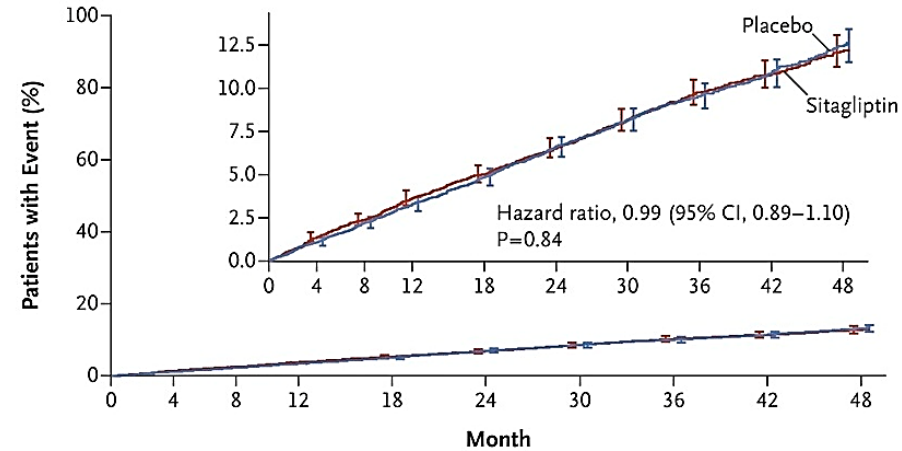
## Primary Composite Cardiovascular Outcome<sup>#</sup>



**No. at Risk**

Sitagliptin	7332	7131	6937	6777	6579	6386	4525	3346	2058	1248
Placebo	7339	7146	6902	6751	6512	6292	4411	3272	2034	1234

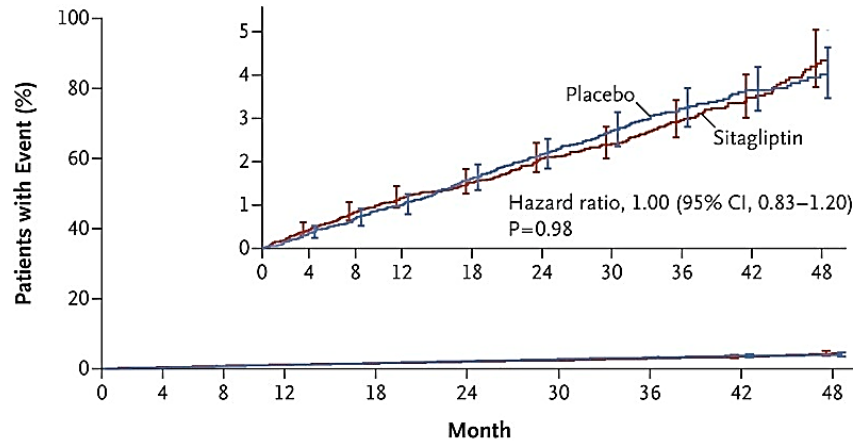
## Secondary Composite Cardiovascular Outcome\*



**No. at Risk**

Sitagliptin	7332	7145	6969	6817	6638	6457	4584	3396	2097	1270
Placebo	7339	7161	6939	6796	6573	6359	4472	3332	2070	1260

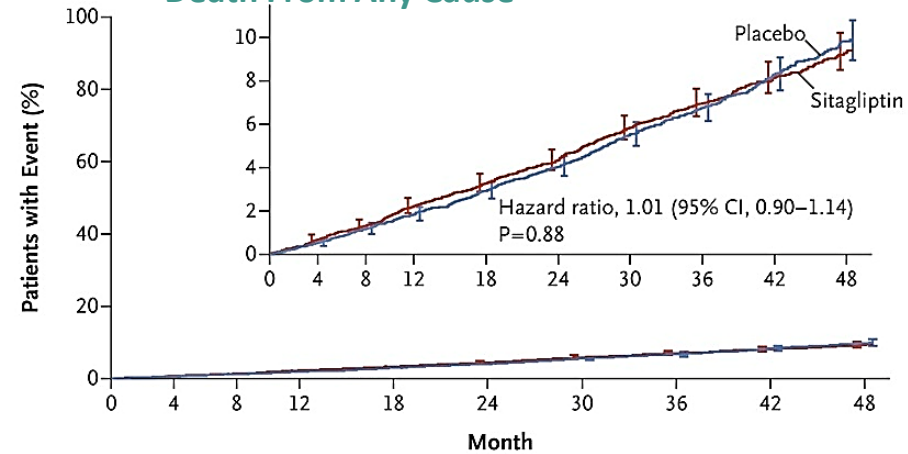
## Hospitalization for Heart Failure



**No. at Risk**

Sitagliptin	7332	7189	7036	6917	6780	6619	4728	3515	2175	1324
Placebo	7339	7204	7025	6903	6712	6549	4599	3443	2131	1315

## Death From Any Cause



**No. at Risk**

Sitagliptin	7332	7262	7180	7103	7010	6904	4964	3739	2321	1435
Placebo	7339	7271	7176	7098	6982	6864	4891	3673	2293	1412

<sup>#</sup>The primary composite cardiovascular outcome was defined as the first confirmed event of cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, or hospitalization for unstable angina. <sup>\*</sup>The secondary composite cardiovascular outcome was the first confirmed event of cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke.

1-N Engl J Med. 2015; 16:373(3):232-42

## Conclusion:

- Among patients with type 2 diabetes and established cardiovascular disease, adding **sitagliptin** to usual care **did not appear to increase the risk of major adverse cardiovascular events**, hospitalization for heart failure, or other adverse events.

# Dosage and Administration

# Sitagliptin: Once-Daily Dosing Administration<sup>1</sup>

## Usual Dosing for Sitagliptin\*

The recommended dose of Sitagliptin is 100 mg once daily as monotherapy or as combination therapy with metformin or a PPAR $\gamma$  agonist.

## Patients With Renal Insufficiency\*,†

A dosage adjustment is recommended in patients with moderate or severe renal insufficiency and in patients with end-stage renal disease requiring hemodialysis or peritoneal dialysis.

<b>50 mg once daily</b>	<b>25 mg once daily</b>
<b><u>Moderate</u></b>  eGFR greater than or equal to 30 mL/min/1.73 m <sup>2</sup> to less than 45 mL/min/1.73 m <sup>2</sup>	<b><u>Severe and ESRD<sup>‡</sup></u></b>  eGFR less than 30 mL/min/1.73 m <sup>2</sup> (including patients with end stage renal disease [ESRD] on dialysis)

**Assessment of renal function is recommended prior to Sitagliptin initiation and periodically thereafter.**

\*Sitagliptin can be taken with or without food. †Patients with mild renal insufficiency—100 mg once daily.

‡ESRD=end-stage renal disease requiring hemodialysis or peritoneal dialysis.

<sup>1</sup> Sitagliptin FDA Label, 2018, Reference ID: 4219849.

PPAR $\gamma$  agonist= Thiazolidinedione class.

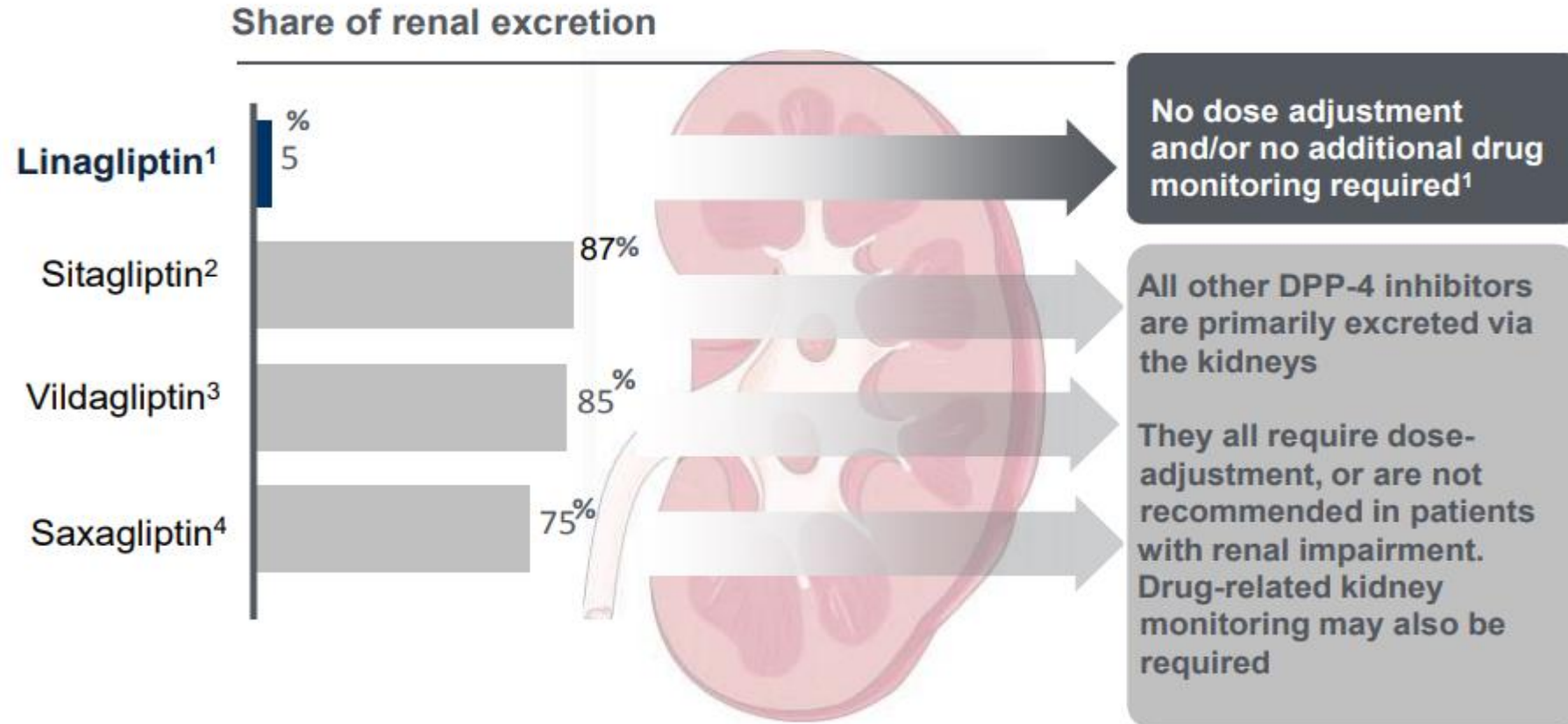
# Sitagliptin + Metformin: Twice-Daily Dosing Administration<sup>1</sup>

- Individualize the starting dose of Sitagliptin +Metformin based on the patient's current regimen.
- Adjust the dosing based on effectiveness and tolerability;
  - not exceeding the maximum recommended daily dose:  
**(100 mg sitagliptin and 2000 mg metformin).**
- Twice daily with meals, with gradual dose escalation:
  - to reduce the gastrointestinal effects due to metformin.
    - Not use in eGFR <30 mL/min/1.73 m<sup>2</sup>.
    - Not recommended in eGFR between 30 to <45 mL/min/1.73 m<sup>2</sup>.

<sup>1</sup>-Sitagliptin+ Metformin FDA Label,2017,Reference ID: 4043185

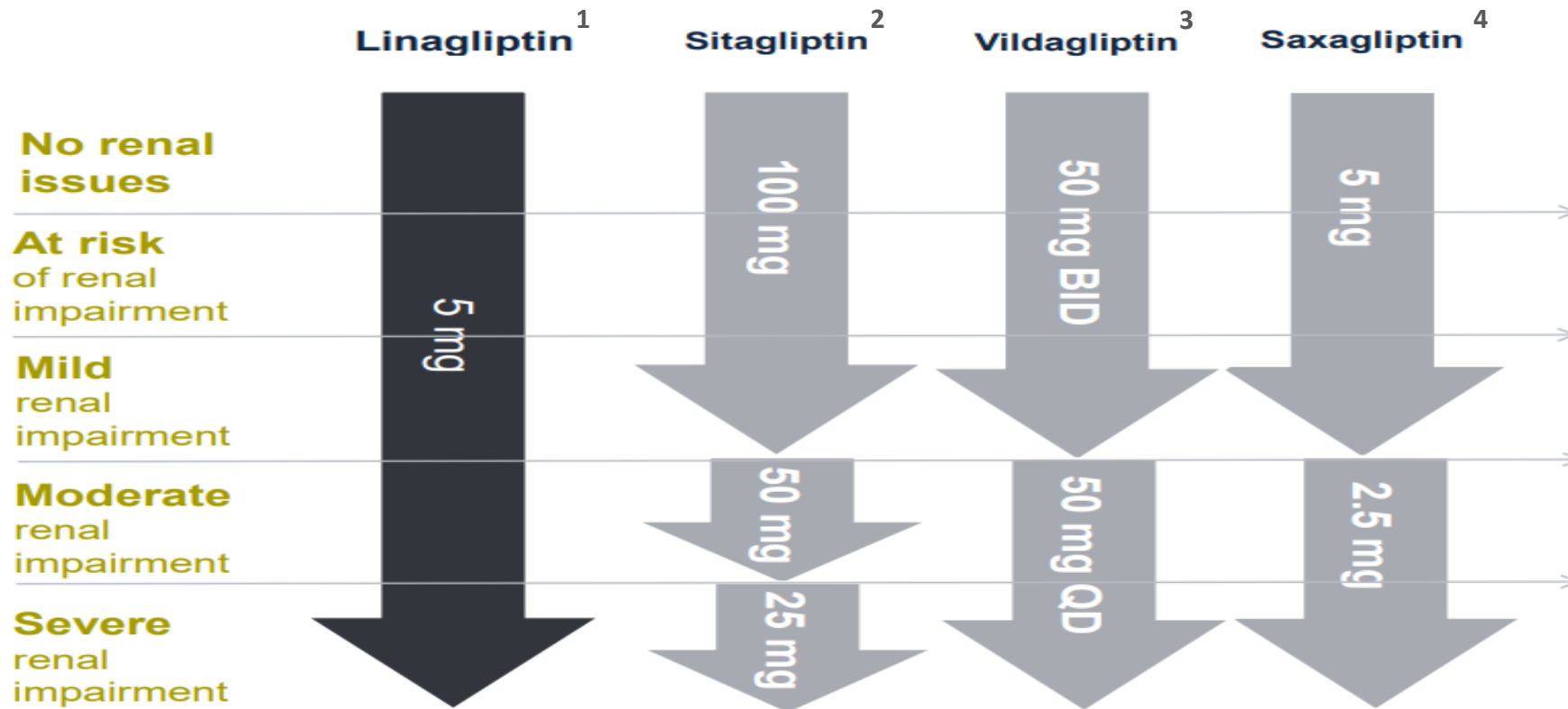
- **Linagliptin Efficacy**

# Linagliptin is the only DPP-4 inhibitor which is primarily excreted by gut



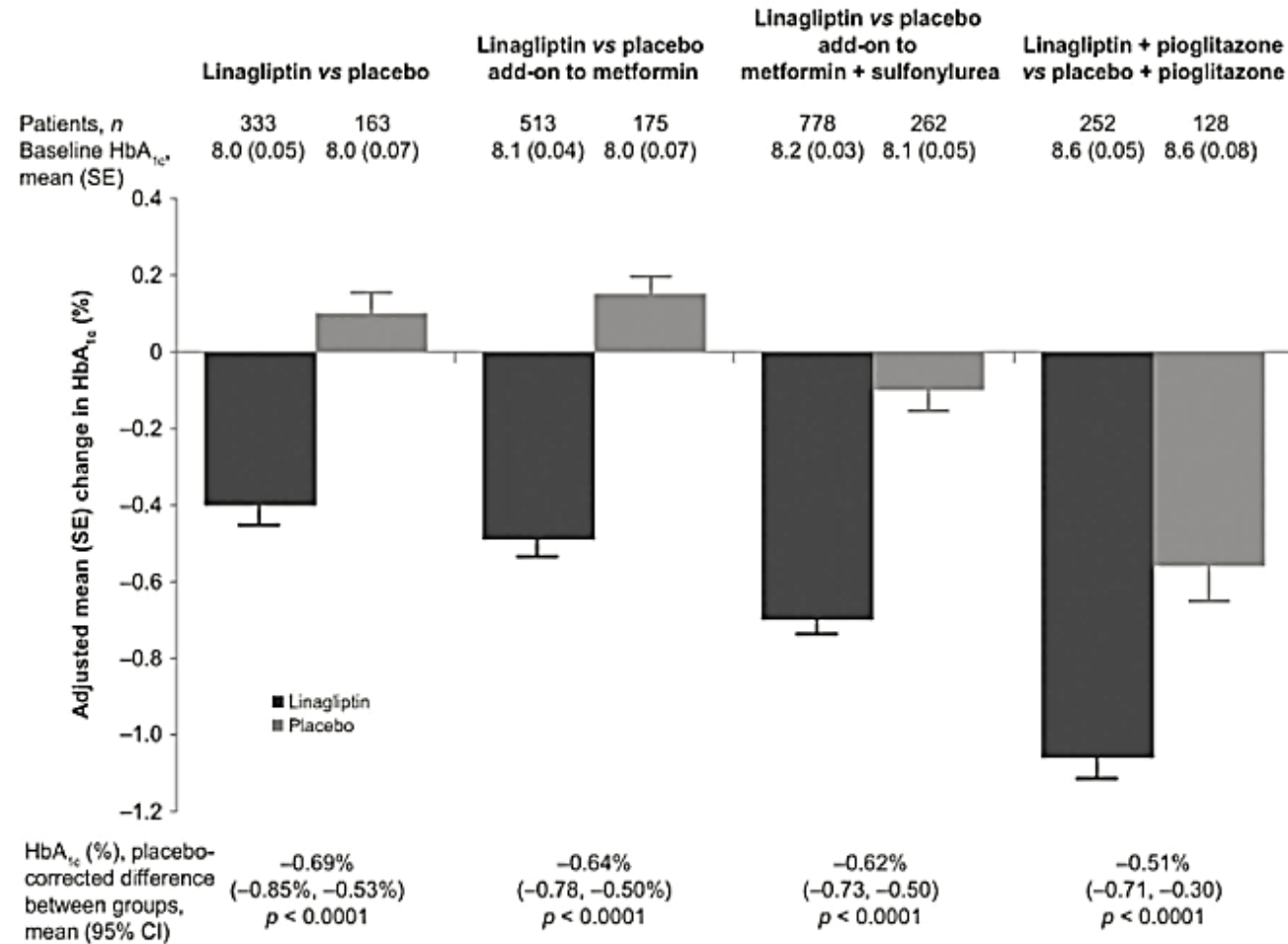
1. Linagliptin US prescribing information , 2. Vincent SH et al. Drug Metab Dispos. 2007;35(4): 533–538 , 3. He H, et al. Drug Metab. Dispos.2009 37(3):536–544 , 4. Saxagliptin US prescribing information

# Linagliptin is the first only DPP-4 inhibitor that does not require dose adjustment: Easy use



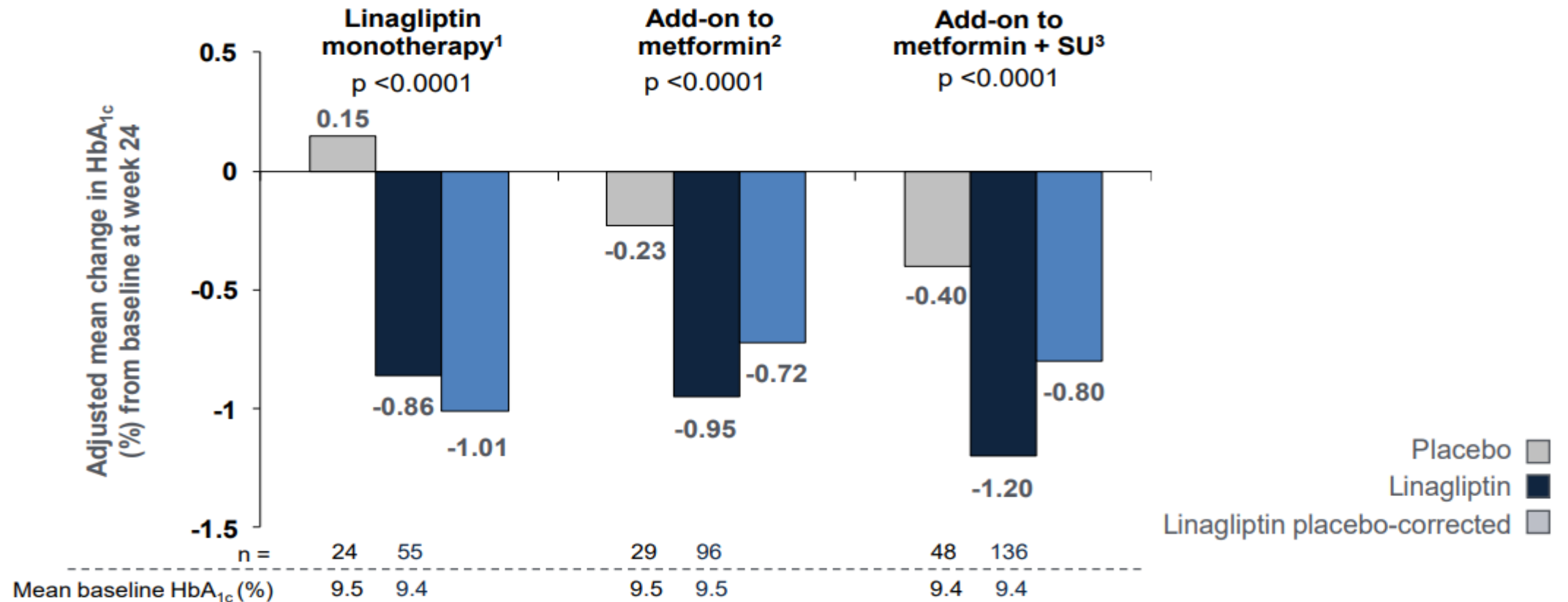
1.TRAJENTA® EMA Summary of Product Characteristics, 2.Januvia® Summary of Product Characteristics. October 2016. 3.Galvus® Summary of Product Characteristics. April 2017, 4.Onglyza® Summary of Product Characteristics. June 2017.

# Δ HbA<sub>1c</sub> across different background therapy Linagliptin vs. placebo



1. Therapeutic Advances in Endocrinology and Metabolism 2012, 3(4), 113–124.

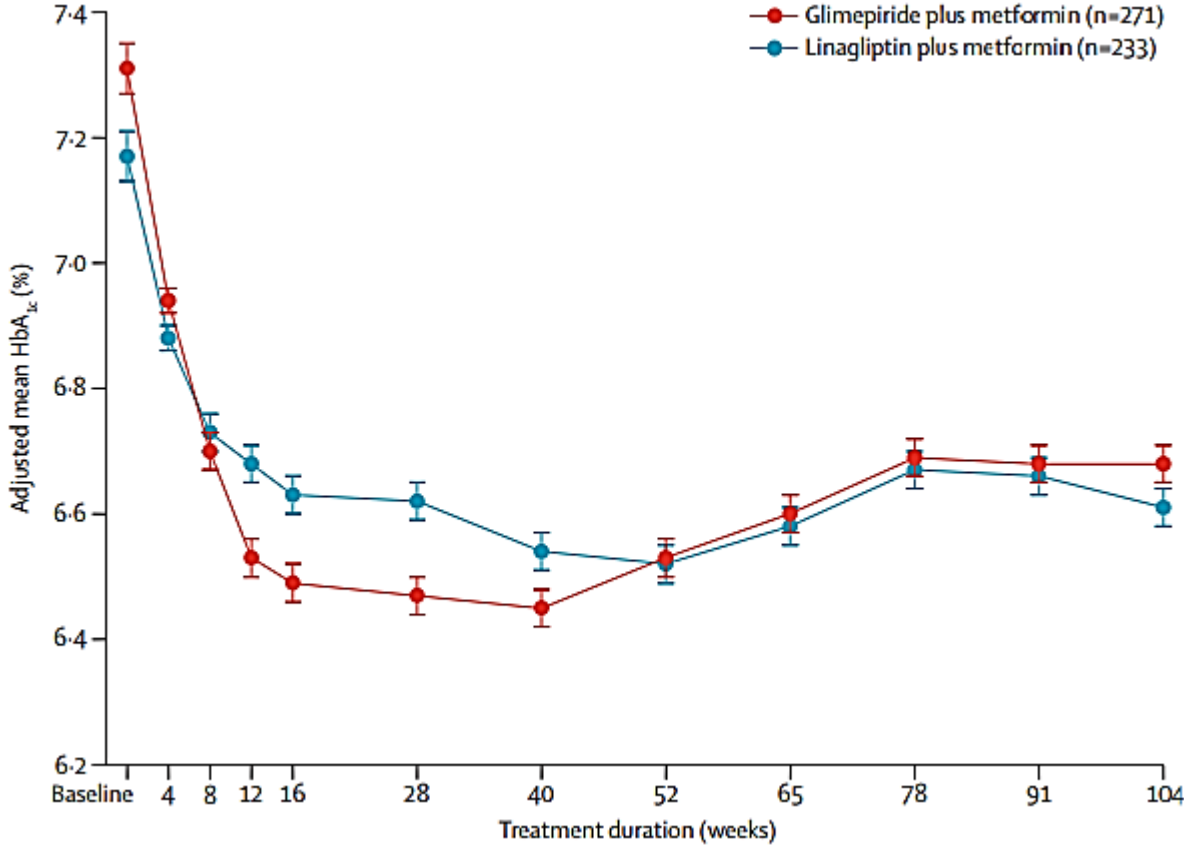
# Linagliptin achieves HbA1c decrease of up to 1.2% in poorly controlled patients



Significant HbA1c reductions in type 2 diabetes patients with baseline HbA1c  $\geq 9\%$

1. Diabetes Obesity and Metabolism 2011;13(3):258–267, 2. Diabetes Obesity and Metabolism 2011;13(1):65–74, 3. Diabetic Medicine 2011;28,1352-1361

# Linagliptin sustained HbA1c reduction over 104 weeks similar efficacy as a SU over 104 weeks



**Linagliptin, has similar efficacy as a SU over 104 weeks**

1. Lancet, 2012; 380(9840), 475–483

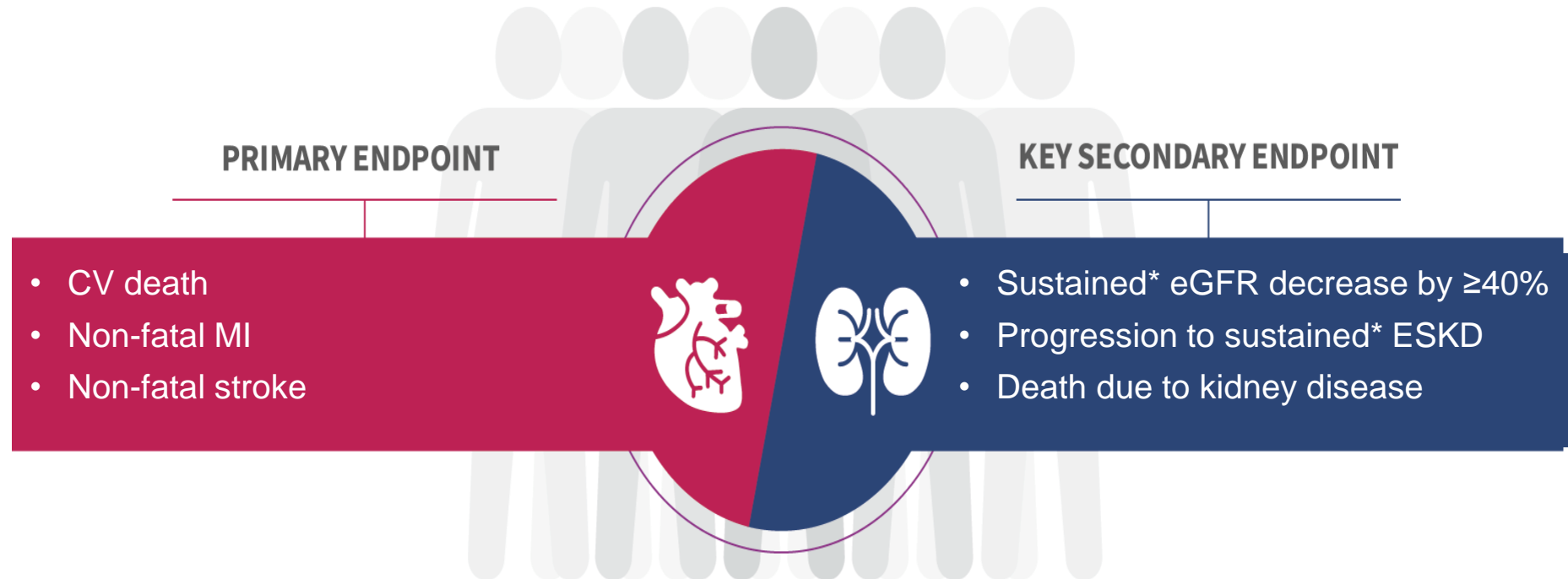
Research

JAMA | **Original Investigation**

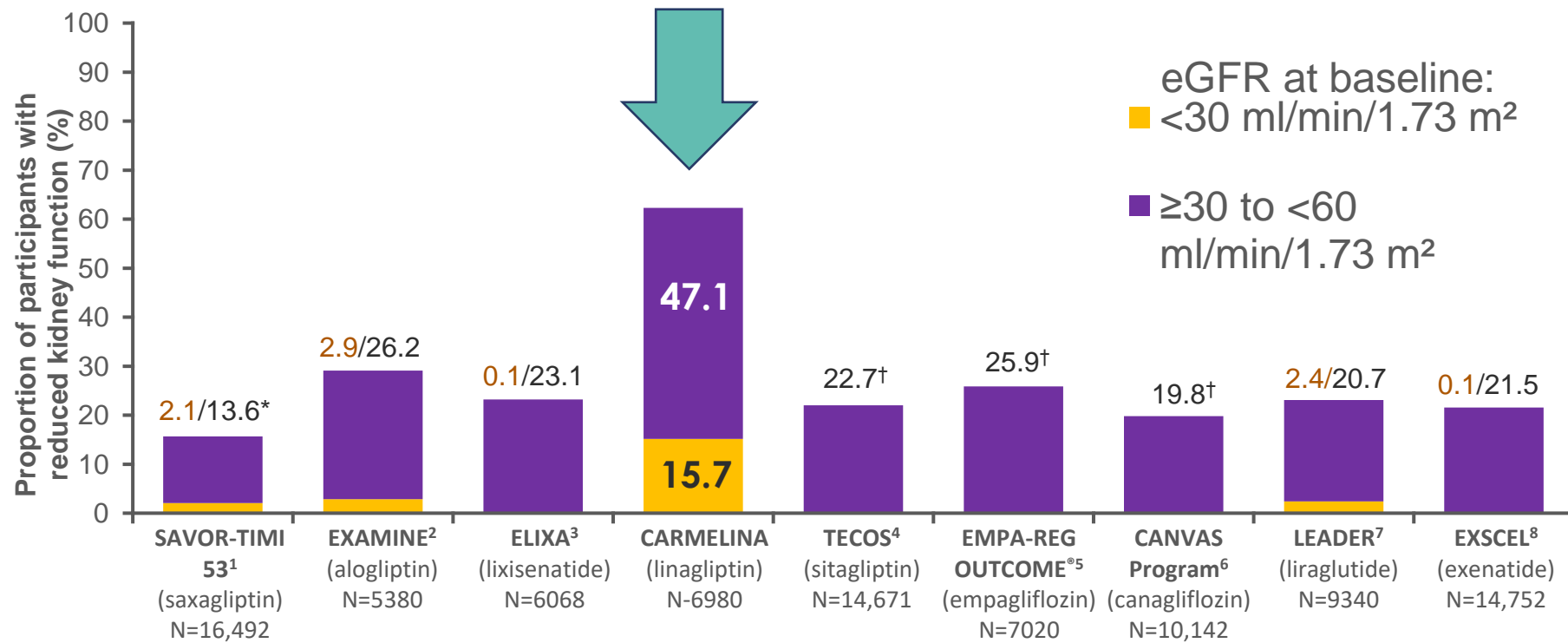
## Effect of Linagliptin vs Placebo on Major Cardiovascular Events in Adults With Type 2 Diabetes and High Cardiovascular and Renal Risk The CARMELINA Randomized Clinical Trial

**Aim:** CARMELINA is a large, long-term cardiovascular (CV) outcomes trial testing the impact of linagliptin vs. placebo on top of standard care on CV and renal outcomes.

# CARMELINA<sup>®</sup> was designed to evaluate the CV and kidney safety of linagliptin in patients with T2D<sup>1</sup>



# Higher prevalence of renal impairment CARMELINA than recent CVOTs

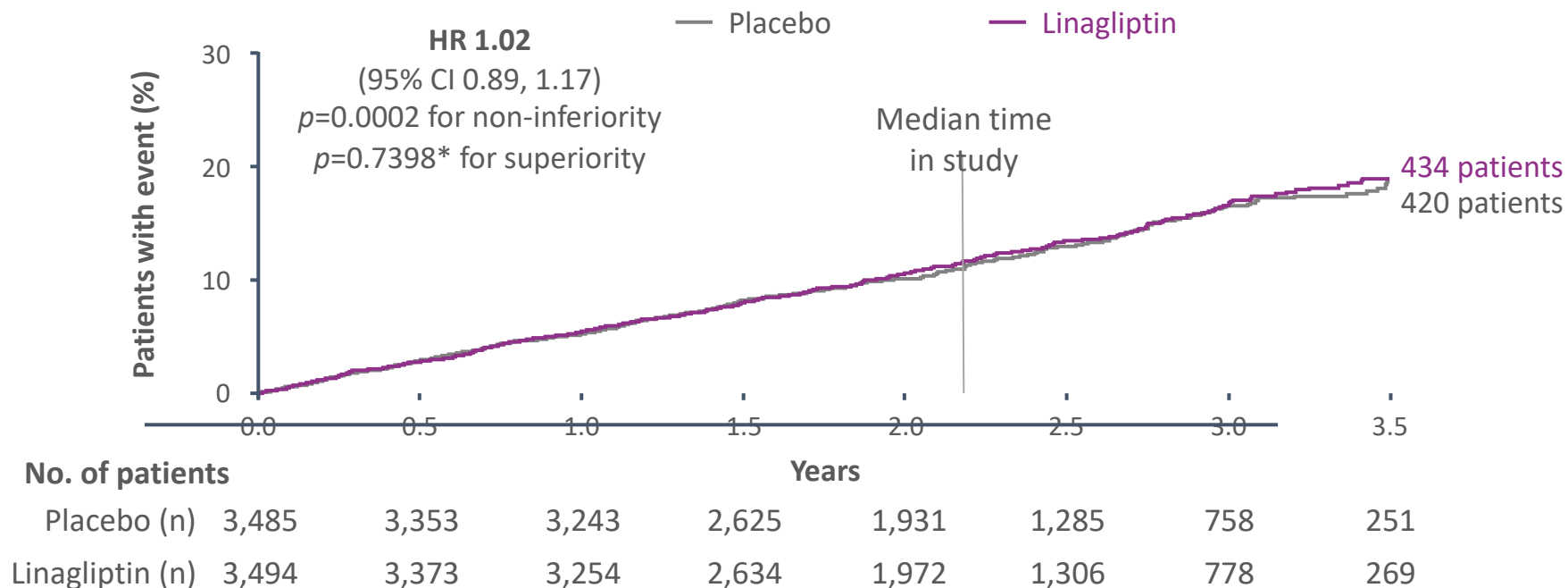


\*eGFR ≥30 to <50 ml/min/1.73 m<sup>2</sup>; †Trial excluded patients with eGFR <30 ml/min/1.73 m<sup>2</sup> CVOT, cardiovascular outcomes trial; eGFR, estimated glomerular filtration rate

1. Scirica BM *et al. N Engl J Med* 2013;369:1317; 2. White WB *et al. N Engl J Med* 2013;369:1327 (supplementary appendix); 3. Pfeffer MA *et al. N Engl J Med* 2015;373:2247 (supplementary appendix); 4. Green JB *et al. N Engl J Med* 2015;373:232 (supplementary appendix); 5. Zinman B *et al. N Engl J Med* 2015;373:2117 6. Neal B *et al. Diabetes Obes Metabol* 2017;19:926; 7. Marso SP *et al. N Engl J Med* 2016;375:311; 8. Holman RR *et al. N Engl J Med* 2017;377:1228

# The long-term CV safety profile of linagliptin was confirmed

## Time to first occurrence of 3P-MACE



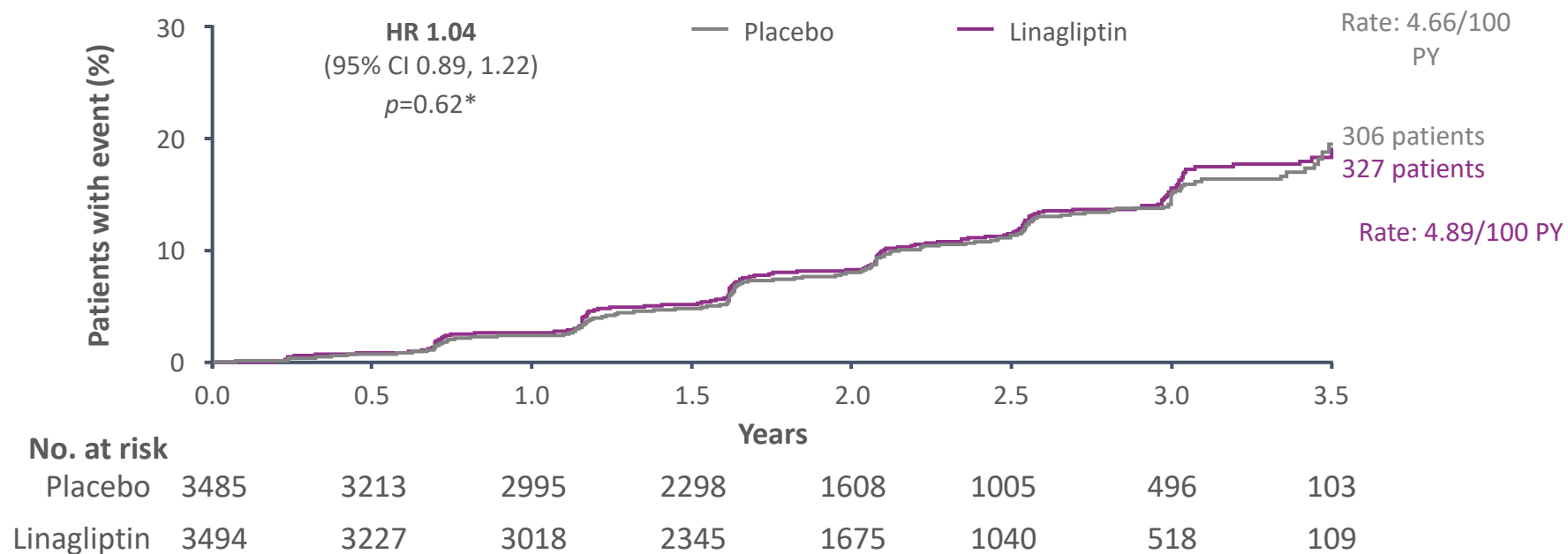
Linagliptin event rate 5.77/100 PY Placebo event rate 5.63/100 PY

Treated set, Kaplan-Meier estimate. Hazard ratio and 95% CI based on Cox regression model with terms for treatment group ( $p=0.7398$ ) and region ( $p=0.7878$ ); \*Two-sided 3P-MACE, 3-point major adverse cardiovascular events (cardiovascular death, non-fatal myocardial infarction, non-fatal stroke)

Rosenstock J, et al. JAMA. 2018 Nov 9. doi: 10.1001/jama.2018.18269

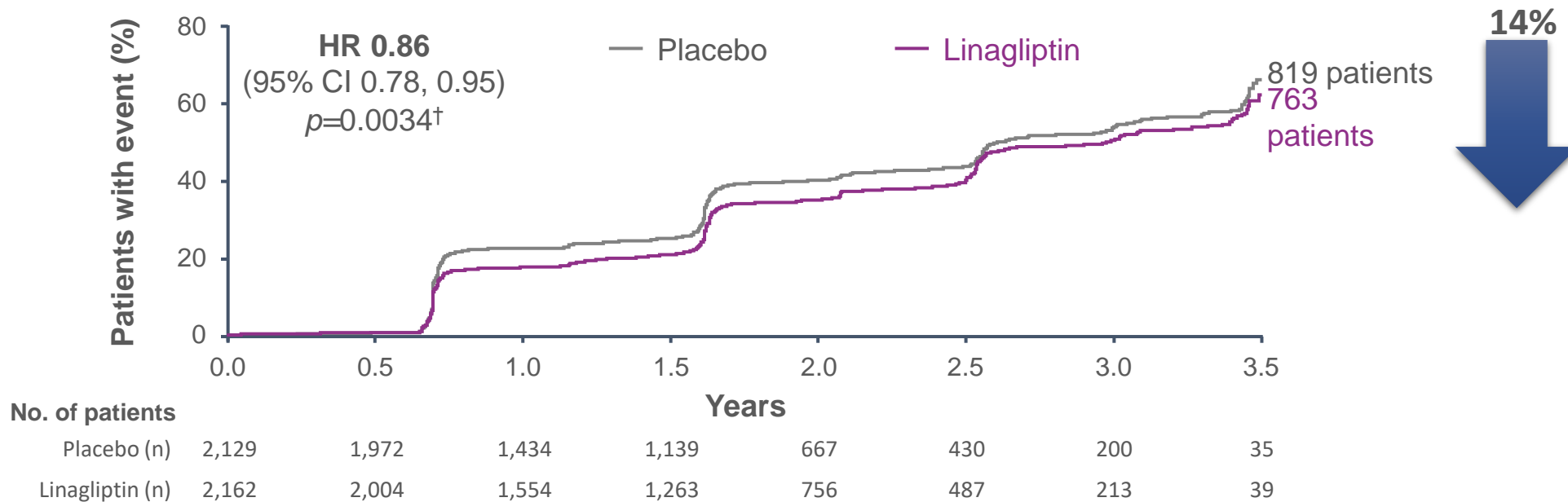
# Time to first occurrence of key secondary outcome: sustained ESKD, sustained decrease of $\geq 40\%$ in eGFR from baseline, or death due to kidney disease

The kidney safety profile of linagliptin was confirmed



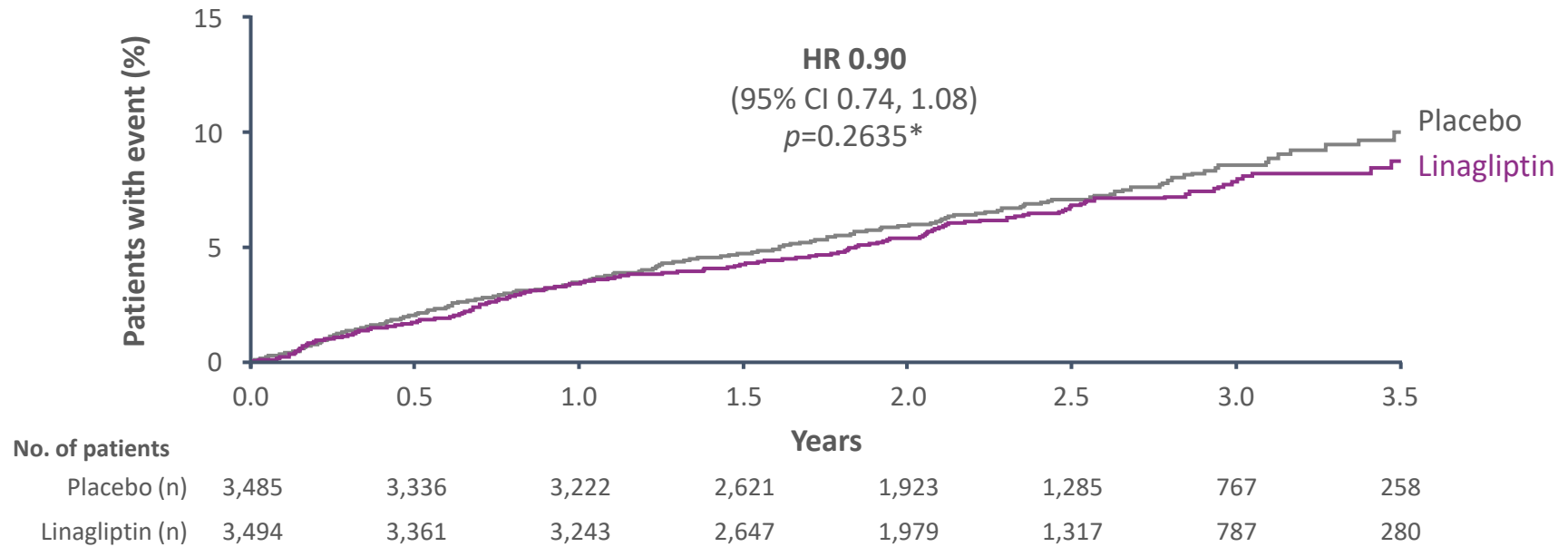
# Linagliptin was associated with a significant reduction in albuminuria progression

Time to first occurrence of albuminuria progression\*



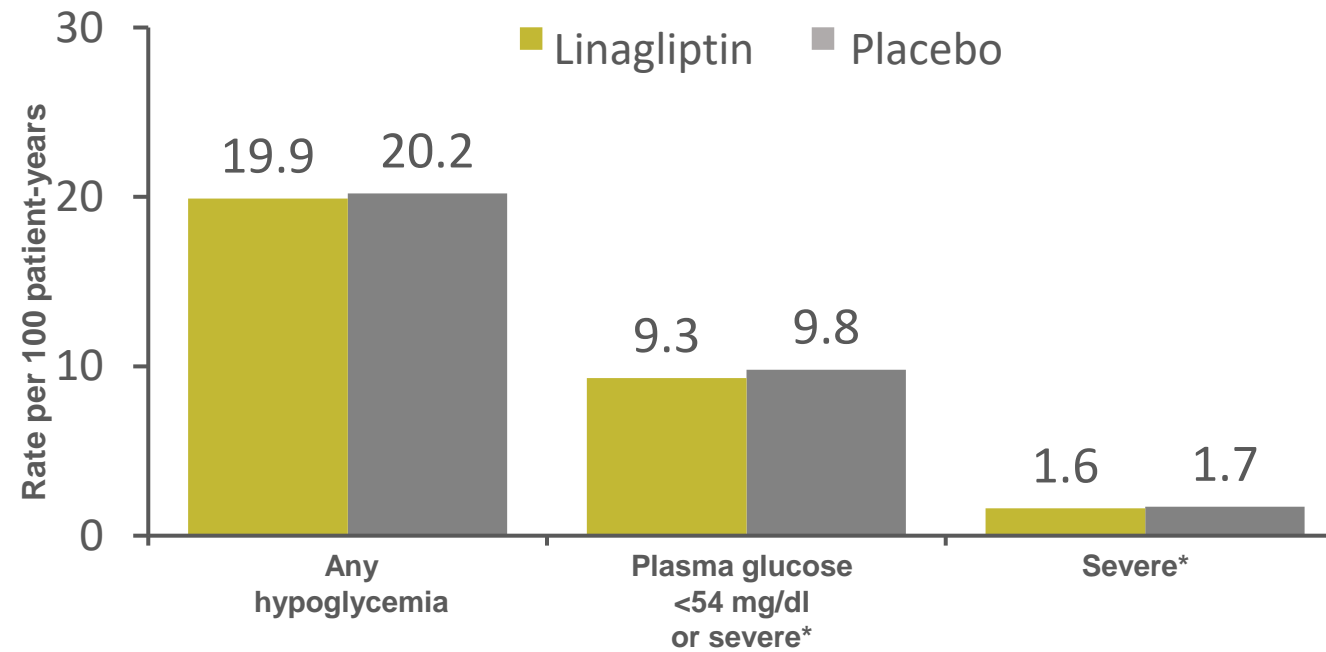
# There was no increased risk of hospitalization for HF with Linagliptin

Time to first occurrence of adjudication-confirmed hospitalization for HF



# Overall linagliptin did not increase the risk of hypoglycemia

Hypoglycemia: rates per 100 patient-years overall



# Dosage And Administration <sup>1</sup>

## Recommend dosing:

The recommended dose of Linagliptin is 5 mg once daily.

Linagliptin tablets can be taken with or without food.

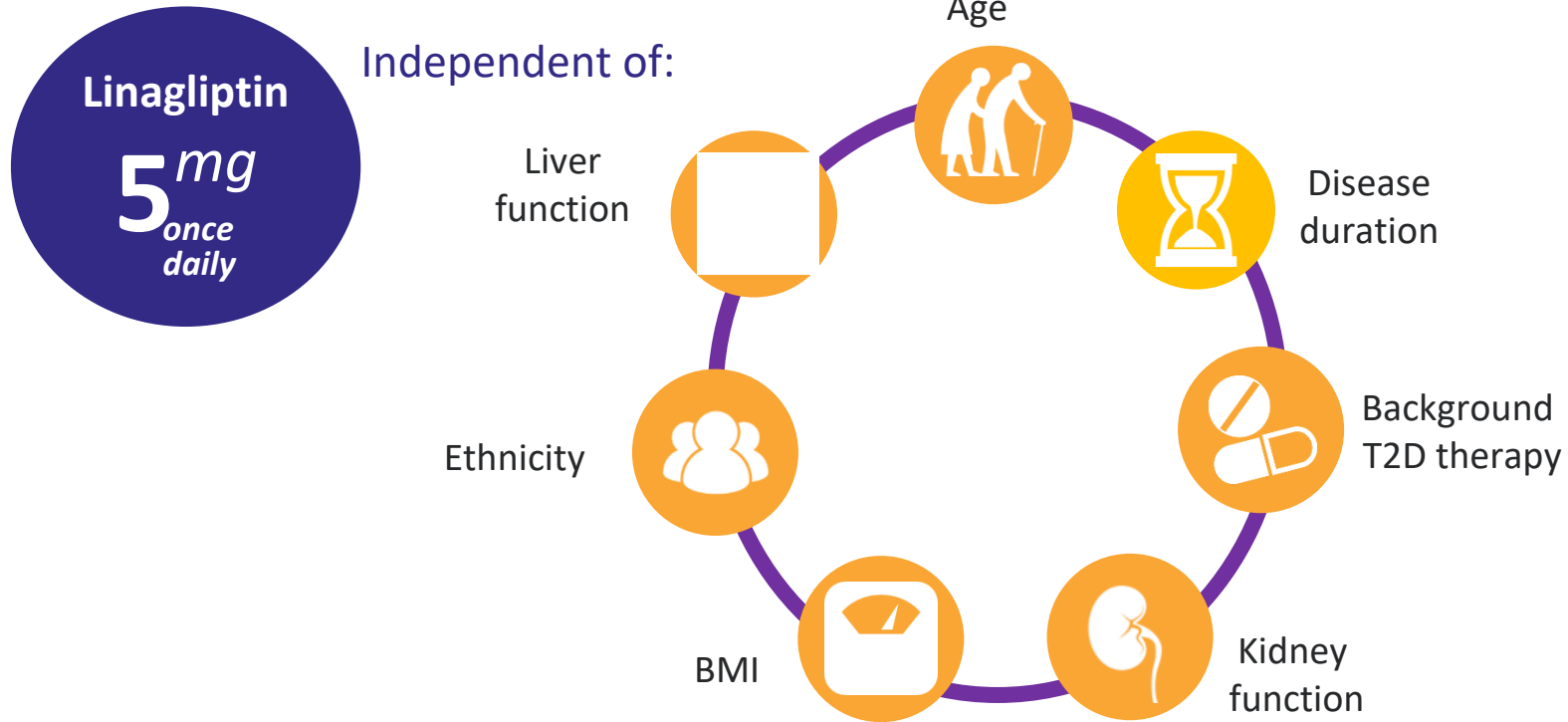
1. Tradjenta (linagliptin) tablets Label – FDA 2019

- **Conclusion**



1-Diabetes Obes Metab. 2011;13:841–849. 2- Diabetes Obes Metab. 2007;9:194–205. 3- Int J Clin Pract. 2010;64:562–576. 4-Diabetes Res Clin Pract. 2011;93(1):e15-75-Diabetes Care. 2019;42(Suppl 1):S90-S102. 6-N Engl J Med. 2015.16;373(3):232-42

# Linagliptin Has Broad Therapeutic Indication



BMI, body-mass index  
Boehringer Ingelheim and Eli Lilly. Trajenta®(linagliptin) Prescribing Information. 2017



## Dosage Forms and Strengths<sup>1</sup>:

- 2.5 mg linagliptin/500 mg metformin HCl
  
- 2.5 mg linagliptin/1000 mg metformin HCl

1- Linagliptin and Metformin FDA Label.;2019, Reference ID: 4457960.

## Dosage and Administration<sup>1</sup>:



Individualize the starting dose of **LIROPRIM** based on the patient's current regimen.



Give **twice** daily **with meals**, with gradual dose escalation to reduce the gastrointestinal effects due to metformin.



The maximum recommended dose is **2.5 mg linagliptin/1000 mg metformin HCl** twice daily.

1- Linagliptin and Metformin FDA Label.;2019, Reference ID: 4457960.



*Thank you*